

Some meetings are **Zoom only**, others are **In-Person only**, a few are both.

155 E. Mt. Harmony Rd. No AA Mtg.  
Owings, MD 20736 Open  
(Enter top parking lot side door) Accessible  
**In-Person Only**

Saturday

Early Risers AFG 8:30 AM  
Calvert County \ Union Church  
8912 Chesapeake Ave No AA Mtg.  
North Beach, MD 20714 Open  
(White Educational Bldg.) Accessible  
**Zoom and In-Person**  
Meeting ID: 949-738-134  
Meeting Password: 358416

Waldorf AFG NEW 10:00 AM  
Great Escape Recovery Lounge  
85 High St. Suite 1 No AA Mtg.  
Waldorf, MD 20603 Accessible  
**In-Person Only** Open

Alateen 11:00 AM  
**Zoom Only**  
Meeting ID: 852 9632 3586  
Meeting Password: 240291

Sunday

Just a Step Away AFG 7:00 PM  
Calvert County / Our Lady Star  
of the Sea Church (convent) AA Mtg.  
14400 Solomons Island Rd South  
Solomons, MD 20688 Open  
**In-Person Only**

Notes

“Open” = meeting open to anyone interested in AI-ANON (including students & health professionals).

\*These meetings are for only AL-ANON members & anyone whose life is or has been affected by a problem drinker.

“Accessible” = meeting location is wheelchair accessible by ramp, elevator or 1 or 2 steps. Some meetings simultaneous with AA meetings held in the same facility.

Monday

Crossroads AFG 11:30 AM  
St. Mary’s County / Church of the Ascension  
21641 Great Mills Rd. Accessible  
Lexington Park, MD 20653 No AA Mtg  
**In-Person Only** Open

Monday’s Hope AFG 7:30 PM  
**Zoom and In-Person**  
Calvert County/ Mt. Harmony United Methodist  
Church  
Lower Level AA Mtg.  
155 E. Mt. Harmony Rd. Accessible  
Owings, MD 20736  
Zoom Meeting ID: 371-641-749 Open  
Meeting Password: 629903

Alateen 7:30 PM  
**Zoom Only**  
Meeting ID: 897 5578 6747  
Meeting Password: 717885

Tuesday

Prince Frederick Daytimers AFG 10:30 AM  
**Zoom Only**  
Meeting ID: 883 8789 7087  
Meeting Password: DayTimers

Pomfret Way of Life AFG\* 8:00 PM  
Charles County / St. Joseph’s Church  
4590 Saint Joseph Way (off Rt 227) AA  
Pomfret, MD 20675 Accessible  
**In-Person Only**

Wednesday

Mid-Week Recovery AFG 8:00 PM  
Calvert County/  
Mt. Harmony United Methodist Church

Thursday

Beginners by the Bay AFG Noon  
Calvert County/Union Church  
8912 Chesapeake Ave No AA Mtg.  
North Beach, MD 20714 Open  
(White building next to Church)  
Fragrance Free Accessible  
**In-Person Only**

Hope on the Hill AFG 7:00 PM  
St. Mary’s County / St. George’s Episcopal  
Church  
19167 Poplar Hill Lane AA Mtg.  
Valley Lee, MD 20692 Open  
(Parish Hall) Accessible  
**In-Person Only**

Alateen  
Calvert County/Crossroad 7:30 pm  
Christian Church  
150 Ball Road  
St. Leonard, MD, 20685  
(Rear of the church to separate entrance)  
**In-Person Only**

Friday

Serenity at Last AFG 11:00 AM  
St. Mary’s County / Good Samaritan Lutheran  
Church  
20850 Langley Rd. No AA Mtg  
Lexington Park, MD 20653 Open  
(The Beacon) Accessible  
**In-Person Only**

Friday Nighters AFG\* 8:30 PM  
**Zoom Only**  
Meeting ID: 111 776 413  
Meeting Password: 922142

### The Serenity Prayer

God, grant me the  
**SERENITY**  
To accept the things I  
cannot change,  
**COURAGE** to change the  
things I can,  
And **WISDOM** to know the  
difference.

More AL-ANON Information

[www.marylanddc-alanon.org](http://www.marylanddc-alanon.org)

[www.alateenmddc.com](http://www.alateenmddc.com)

[www.al-anon.org](http://www.al-anon.org)

(888) 4AL-ANON (888) 425-  
2666

AA Meeting Info:

1-800-492-0209

[www.somdaa.org](http://www.somdaa.org)

### AL-ANON IS:

- A **FELLOWSHIP** of relatives and friends of alcoholics who believe their lives have been affected by someone else's drinking
- A **SELF-HELP** recovery program based on the Twelve Steps of Alcoholics Anonymous (AA)
- A **NON-PROFESSIONAL** fellowship where members share their experience, strength and hope to solve their common problems.
- An **ANONYMOUS** program with the identity of all AL-ANON and AA members protected.
- A **SPIRITUAL** program that is compatible with all religious beliefs or none.
- A program with the **SINGLE PURPOSE** of helping families and friends of alcoholics, whether the alcoholic is still drinking or not.
- A **WORLDWIDE** fellowship with more than 31,000 groups in over 112 countries that has been in existence since 1951.
- **COMPATIBLE** with professional treatment. Statistics show 67% of its members received counseling after attending AL-ANON.
- **FREE OF CHARGE** and self-supporting through members' voluntary contributions. There are no dues or fees for membership.

### ALATEEN is:

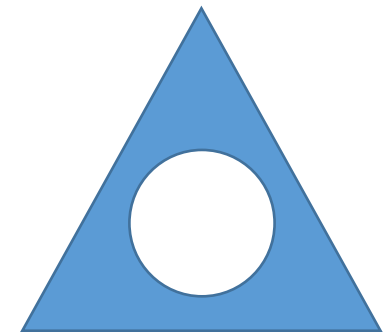
- A part of AL-ANON
- For teenagers who have been affected by someone else's drinking.

# AL-ANON and ALATEEN

## Directory of Meetings for Southern Maryland

(Charles, Calvert and  
St. Mary's counties)

*Help for families and  
friends  
of problem drinkers*



March, 2024

